# Hawaii Marine Lifestyles

## BEYOND THE SEAS

REACHING OU TO UNDERWATER

LIFE

Story and photos by Christine Cabalo

Photojournalist

**HONOLULU** — Dive into the mysteries of the ocean at the Living Art Marine Center.

The search begins in the center's unlikely location inside a warehouse near Honolulu International Airport. Staffers host activities at the center and guide reef walks at several Oahu beaches to uncover what's hidden by the waves.

hands on at the center, focusing on activities," said
Michelle Hsia, the center's educational specialist. "We have a lot of craft activities and hands-on learning that re-enforces a lot of what visitors have just learned."

very

"We're

Those activities include exploring the insides of a squid and examining the center's maze of exhibit rooms. Each exhibit features sea creatures from a specific world region, as visitors float through the funhouse-like ocean blue rooms. Familiar fish species swim through the tanks, including clownfish and regal tang made famous in the movie "Finding Nemo."

Hsia said during tours many also recognize Hawaii's state fish, the reef triggerfish. It's more commonly known by its Hawaiian name: Humuhumunukunukuapuaa.

"It's nice to learn the names of the fish you see," said Elodie Daquila, who was on a tour with her son. "It's especially nice since we all went scuba diving the other day at Hanauma Bay."

In both tours and in her school outreach work, Hsia teaches others about all kinds of sea life, including coral. During a weekday tour Hsia quizzed a

> visiting group to guess what kind of coral was inside a covered box by touch alone. Investigating

> > further,

visitors

took

close up look at several smaller sea creatures inside open water tubs filled with sand and coral. Tiny crabs, starfish and other marine life were inside for visitors to hold. Some gasped at the sensation of starfish tickling their skin or feeling unexpected textures like the

center's sea cucumber.

"It looks pokey but it feels very soft," said 5-year-old visitor Cailla Dang.

With the center's location near Joint Base Pearl Harbor-Hickam, it was a place military spouse Angie Lambert said she could

center offers visitors several activities to make unique souvenirs. Among the many options is Japanese fish stamping or gyotaku. Visitors can use life-like sea animal stamps dabbed with ink, rather than traditional fish, to make one-of-a-kind T-shirts. It's part of the hands-on experience Hsai said she wants for visitors.

ocean to take home, the

"Reading about fish or marine life is not the same as seeing it up close," she said. "It really compliments learn ing. When repeat visitors come back



Baylee Lambert, 5, strings beads together during a shell jewelry craft activity. The center offers several activities for children including T-shirt making and shell etching.

easily take her children. Lambert said the center was alluring because it's a unique Hawaii attraction, unlike anything on the mainland.

"It's something every family can afford," she said. "The volunteer guides are very nice. ... It's someplace you can take multiple visits out of, and come back for a few hours."

For any who want a piece of the

months or even years later, many still remember what they've learned."

With those clues, the mystery of where to find fun is solved with a trip to the center.

Living Art Marine Center 3239 Ualena Street #100 • 841-8080 http://www.livingartmarinecenter.com/



Elodie Daquila and her son carefully handle sea creatures inside a water tub filled with sand and coral. Several tubs, each with different marine animals, were available for visitors to touch in the water.



Tyler Kahikina, a volunteer at the Living Art Marine Center, demonstrates how visitors can make a T-shirt with Japanese-style gyotaku or fish printing. Traditional gyotaku were made by Japanese fisherman using real fish to record their best catches.



Michelle Hsia, educational specialist, describes the different varieties of coral to visitors at the Living Art Marine Center during a tour held July 6. The center offers programs for all-ages both at their Honolulu facility and at reef walks at several Oahu beaches.



Cailla Dang, 5, reaches into one of the water tubs to touch a sea cucumber.

## EVIEV

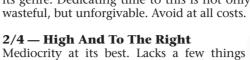
### Your weekly guide to the best aspects of entertainment

relcome to the Pass In Review, your number one source for cinema, music, videogame, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week's critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn't, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you're not familiar, here's a quick breakdown of the ratings ...

1/4 — No Impact, No Idea

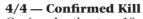
Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only

that might have made it really good. A



decent time waster, partake only if you have nothing better to do.

3/4 — On Target Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.



Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.

So, there you have it and we hope you enjoy our weekly reviews. Don't forget, The Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm feel free to submit your own reviews.

#### **Better Know**



Cpl. Colby W. Brown thinks a good movie is one that isn't just a story but an adventure you can lose yourself in, something that stirs your imagination and then puts it on the screen for you. He likes all different types of genres but his favorite is drama. He believes that a movie should make you think about what you viewed and also be entertained by it. Brown's favorites include "Ferris Bueller's Day Off" and "Dirty Harry."



An old college friend once called Kristen Wong "eclectic." She has never settled on one genre of music. One car drive home could be Linkin Park, TLC, Beethoven or Keahiwai. She recorded songs from the radio to cassette tape and fell asleep to New Kids on the Block and the "Cocktail" Soundtrack. She believes sometimes a good song can usually make up for a bad day, and music is something she can never live without.

#### Spidey swings soaringly into number one

**Cpl. Colby Brown** 

Press Chief

So maybe it was a little too early to start over from the beginning, but the Amazing Spider-man was entertaining. And at least in this version, I could tell if the main actor was crying or laughing.

It's pretty much the same, but (spoiler alert) it follows, or more accurately put, reminds me of the cartoon series that ran in the '90's. Peter Parker isn't such a weak nerd as much as he is a skinny wise ass, which is how he is in the comics. Also he doesn't mutate into having web pores in his wrist to shoot web. Again, it follows the original script of Peter Parker being a science whiz and making his own web slingers. For me, this was much more enjoyable than the trilogy that started in 2002.

The main actor is Andrew Garfield, as Spider-man. Who? That's what I thought too, initially, but he isn't a bad actor and fits the roll of Spider-man way better than Toby Maguire. Although the cast isn't as starstudded as previous movies, its much more believable because it reminded me the Spider-man from my childhood.



For those of you who don't follow Marvel or spidey, the movie line is simple. A boy's parents disappear. He grows up trying to find out why. Peter Parker, meet Dr. Curt Connors. After Parker snoops, he finds a lab with lots of radioactive spiders who create web for commercial use. He gets bitten and becomes Spider-man.

So, there is a lot more to the movie, but it focuses more on 'becoming Spider-man,' than its predecessor, who did so with a five-minute montage. I guess you could call it this season's 'coming of age movie.

What got me the most was the villain. Surprise, its Dr. Curt Connors; after a bit of drama he decides to merge his DNA with a reptile's so he can have the ability to grow back limbs. He is missing an arm. He does gain the ability but with it he turns into a wildly possessed mad scientist stuck on world domination. Just like in the cartoon.

My opinion of this movie is probably a little biased because it pulled at my heartstrings and childhood. It's a better spidey film than all of them, even the 1977 one.

One thing I didn't like about it was the simple fact that its only been 10 years since the original debut. Sony Pictures Entertainment could have at least done me the favor of waiting until Maguire's awkward-betweenhappy-laughing-sad-face was erased from my memory. Also, I felt a little empty or unsatisfied after the movie.

If they do a remake they might as well go all out and follow the trend of making it super dark. Other than reminiscing about the good ol' days when I was a kid, sitting on the couch, on a Saturday morning, eating a bowl of cereal and watching cartoons, all this movie did was make me even more excited for the release of Batman 'The Dark Knight Rises.'



#### 'Living Things' needs time to grow

**Kristen Wong** 

Photojournalist

Linkin Park's newest album, "Living Things," finally arrived in the mail, and as I unwrapped the plastic, I eagerly anticipated newer installments of the familiar screams and headbanging goodness I so dearly loved since I was 18.

But it was not to be.

As it turns out, "Burn it down," which was first on the radio, was a rose in a garden of weeds.

The first track, "Lost in the echo," had a good beat, and gave me the impression of good things to come.

However, "In my remains" sounded like a cousin of "Burn it down," with a very similar introduction. For a while, I thought I could feel the music again, but the droning "like an army, falling, one by one by one," began to annoy me.

Any deep meaning I may have garnered from the original lyrics in "Skin to bone" was overshadowed by the repetition of cliché directional nothing without context. phrases — "Ash to ashes, dust to dust, left to right, right to left, skin to bone." Oh heck, let's throw in "up and down, back and forth, birth to death and black to white" while we're

I realize "Ashes to ashes, dust to dust" is a meaningful line from the Bible, but it meant nothing to me in this song. I could write a song called "walk through the valley of the shadow of death," but it means



Speaking of cliché, "Castle of glass" was a creative try, but when I heard "only a crack in this castle of glass," I could only hear that phrase "speck in the universe," or in other words, there is a "bigger picture" in life that we don't realize.

It's like singing "think outside of the box," or "a penny earned is a penny saved" or "do unto others." It's been said so many times people won't care

> unless you're creative enough in how you approach an often-used philosophy.

Even if this wasn't the true intent of the song, the chorus chained me into a clichéphilosophical-phrase world.

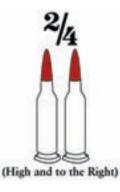
"Living Things" echoed a few of the same devices we saw in "A Thousand Suns" and "Minutes to Midnight." Like "Minutes Midnight," there were unique background noises like "Victimized." But "Victimized" was literally vomiting "bells and whistles" and screams. I burst out laughing at a song that wasn't meant to be funny. Like "A Thousand Suns,"

there is a recording incorporated in "Victimized." But unlike the famous, meaningful quotes in "A Thousand Suns," this recording was so unclear and unfamiliar that I couldn't understand what it was saying or why

it was even in the song. By the end of the album, the group was literally vocalizing what I was feeling: "You held it all/but you were careless to let it fall/you held it all/and I was by your side/powerless." Ironically, "Powerless" was one of the stronger songs of this album. It really conveyed, more dramatically, my dismay at having to write such a poor review.

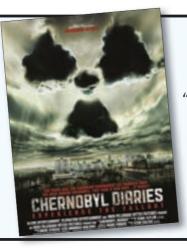
I have been known to warm up to music after listening to it a few times, but I have listened to "Living Things" almost four times from beginning to end. It's

only a little more tolerable. But I still adore Linkin Park, and aside from a few bumps "Minutes to Midnight," only "Living Things" was a let down.





**Prices:** All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call **254-7642** for recorded information.



"Men in Black 3" PG-13 Today | 7:15 p.m.

"Battleship" PG-13 Today | 9:45 p.m.

"What to expect when you're..." PG13 Saturday | 7:15 p.m.

"Chernobyl Diaries" R Saturday | 9:45 p.m.

"Men in Black 3" PG-13 Sunday | 2 p.m.

"The Dictator" R Sunday | 6:30 p.m.

"Chernobyl Diaries" R Wednesday | 6:30 p.m.

### Rice the waves of safety

Navigate MCB Hawaii beaches

**Christine Cabalo** 

Photojournalist

Last year 21 Oahu residents drowned in the ocean, 75 percent more drownings than 2007, said Dan Galanis, state epidemiologist with the Hawaii Department of Health.

Marine Corps Base Hawaii beachgoers can do more to guarantee their safety this summer by being aware of local hazards and how to navigate the base's beaches.

"Check in with the lifeguard whenever you get to the beach," said Dino Leonard, assistant manager, Marine Corps Community Services Aquatics. "They're looking at the beach all day, every day. They have the best advice about where not to be."

The MCB Hawaii lifeguards are on duty an extra hour daily through October to watch over beachgoers during the day. Signs detailing safety guidelines and how to check conditions are next to each of the base beaches.

Waves can get especially high at Pyramid Rock, North Beach and Fort Hase Beach, said Chris Tanaka, a senior lifeguard with MCCS Aquatics and also a lifeguard for the City and County of Honolulu.

"I wouldn't recommend that beginners surf at North Beach because of all the challenges that exist there," Tanaka said. "There are rip currents, and the waves can break skegs, or fins, on a surfboard."

Tanaka said both North Beach and Pyramid Rock have strong rip currents, which are powerful channels of water near the shore that rush out to the open sea. If caught inside a rip current, swimming against it to escape could be difficult. The senior lifeguard also said rip currents change locations constantly, depending on weather and other environmental conditions.

"In our junior lifeguard class we go over entries and exits of rip currents," Tanaka said. "There are areas in North Beach that form sand trenches, and we teach them how to recognize them."

William Pinkerton, a first sergeant with 1st Battalion, 12th Marine Regiment and frequent surfer of North Beach, said even long-time surfers can run into trouble if they aren't attentive to their surroundings.



Pyramid Rock, one of several beaches at Marine Corps Base Hawaii, faces high waves and rip currents all year. MCB Hawaii lifeguards are on duty an extra hour daily through October to help base beachgoers. Signs with the base's safety guidelines are posted at each of the beaches and the full regulations are in Chapter 11 of Base Order P5500.15.

"North Beach gets winter swells and lots of waves all year round," he said. "If you're not used to it, you can find yourself in a bad situation if you don't follow the posted rules."

Pinkerton has surfed at North Beach every day he's been able to for the last four years. He brings the proper equipment each visit. He swims with fins and has a leash whenever he surfs. For those who do want to safely try out the base beaches, Pinkerton said having a partner for activities helps.

"Be friendly with the longtime local swimmers of the beach," he said. "I've met some of the best people from Hawaii at [North Beach] who tend to these waters."

Pinkerton recalled how last year, a friend of his who had decades of experience surfing waves ended up breaking his neck at North Beach. Luckily, lifeguards were on duty to help.

Both Pinkerton and Leonard said the lifeguards are one of the best sources for anyone at the beach, and people don't need to be afraid to ask them questions. As the summer continues, Leonard said this upcoming weekend could see higher waves because of passing Tropical Storm Daniel and Hurricane Emilia.

"[Rip currents] change locations and conditions at the beach every day," Leonard said. "It's why base lifeguards always keep up 100 percent contact with everyone who comes to the beach. It's always a good idea to go to talk to lifeguard."

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